

PCLA
PIONEER COMMUNITY
LIVING ASSOCIATION

ANNUAL REPORT 2022-2023



A Message from PCLA's Leadership

Supporting our residents as we transitioned from the COVID-19 pandemic was the major focus of this year for PCLA. As well, we focused on partnership development. We strengthened our ongoing partnerships with the UBC Dentistry Program and BCIT Nursing Program which we have spotlighted in this report. And, we are proud to announce a new partnership with The Open Door Group through which residents are receiving pre-employment, vocational and job placement assistance. These programs and partnerships allow our residents access to services that enhance their well-being, self-esteem and support further integration into the broader community.

PCLA was also successful in being awarded a new mental health 10-bed housing facility to be opened later this spring. Henderson House represents an expansion for the organization into the Coquitlam area. We are most appreciative to Fraser Health for this opportunity and look forward to supporting more individuals through PCLA's programs and services.

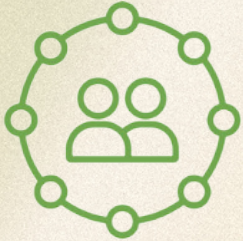
Michael Kierszenblat
Executive Director

Patricia Stevens
Board President



"Thank you to Fraser Health for the opportunity to expand PCLA's services to Coquitlam through Henderson House. The expansion of PCLA means an increase in quality services to individuals living with mental illness."

Strategic Priorities



Communications

Raising awareness and changing attitudes around mental illness.



Connection

Increasing recovery-oriented client supports with multi-level programming.



Collaboration

Integrating mental health services with the broader community.



We are a community mental health service dedicated to providing critical care, support, and pathways toward independent, holistic well-being.

Adrian House

10-bed, adult residential care program

Beamish House

20-bed, community residential facility

CRESST

10-bed, community response, short-stay program

Dominion House

5-bed bridging program for semi-independent residents

Elizabeth Barnett Terrace (EBT)

23-unit supported independent living apartment building

Lina's Place

12-bed mental health assisted living program

Miller's Way

10-bed program focused on psycho-social rehabilitation



Partnership Spotlight: BCIT Nursing

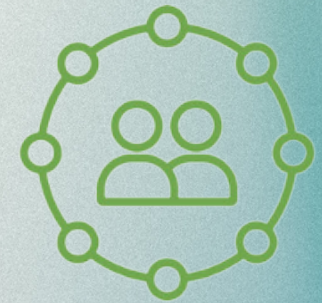
BCIT's Bachelor of Science in Nursing (BSN) program is a three-year program exposing students to the latest technology and practice-based experiences. PCLA has been partnered with BCIT for over ten years to provide an alternate clinical experience for students interested in psychiatry. Through this partnership, students supplement their experience on the psychiatric ward with the community, residential services provided by PCLA at Miller's Way.

Antonella (Toni) Jones is a Nursing Instructor at BCIT and an integral part of the PCLA-BCIT partnership. In March 2023, when asked why this partnership was crucial, Toni stated "...there is often a fear and nervousness amongst students when they start at PCLA. They don't know what mental illness looks like; they don't realize that individuals can live successfully with the right support. They come away feeling informed, confident, and emotional."

The relationship with the BCIT Nursing program exposes future nurses to what successful in-community supports can look like for people living with mental illness.



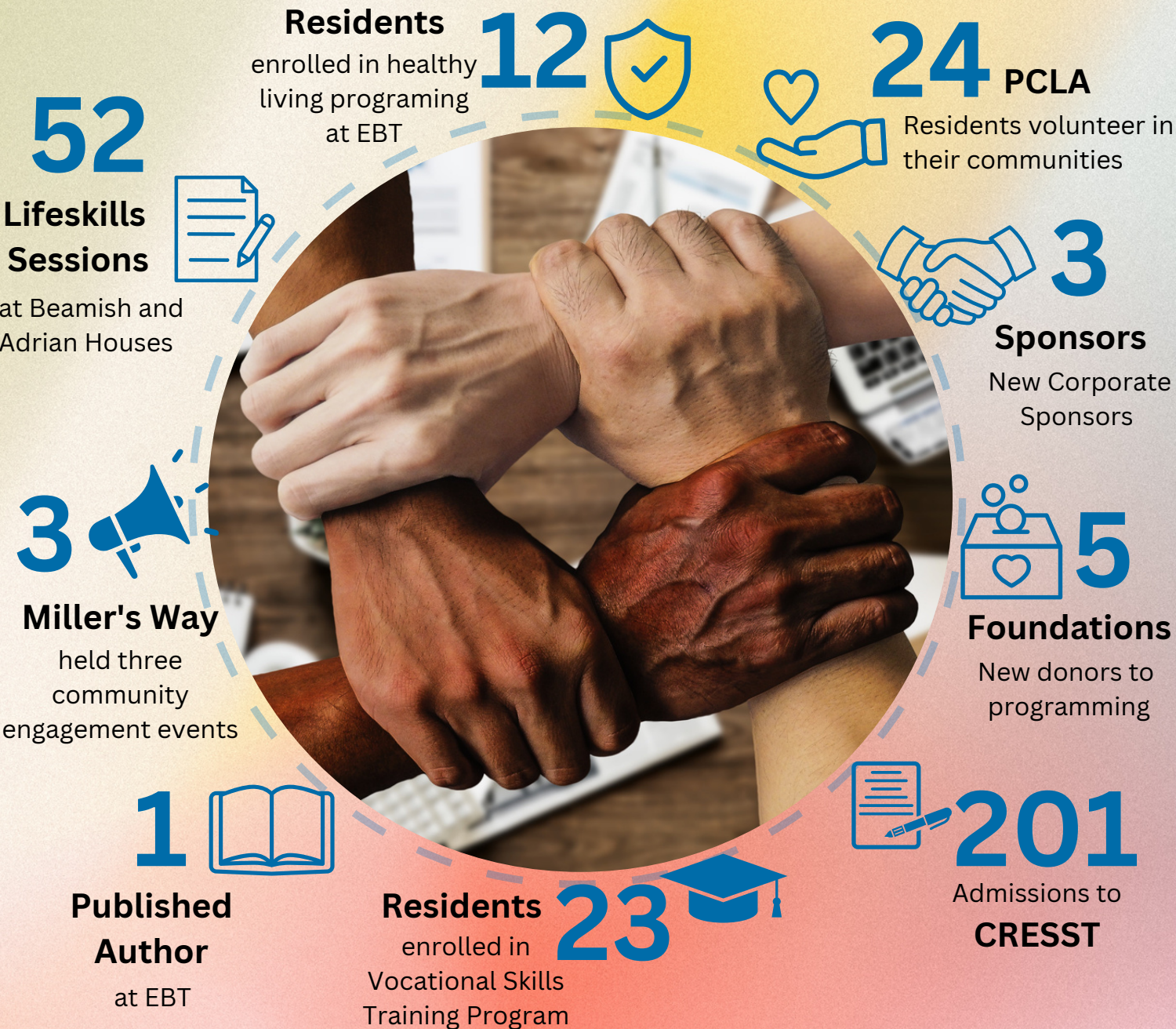
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Communications

Our Board of Directors

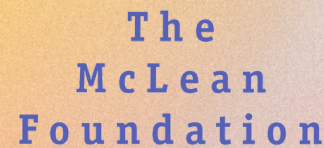
- President - Patricia Stevens
- Vice President - Scott Roberts
- Treasurer - Indy Rai
- Secretary - Camila Nunes
- Director - Karmen Blackwood
- Director - Cheryl Evans
- Director - Wenjun Huang
- Director - Nancy Tu
- Director - Lex Vides



Connection

"In a perfect world, [PCLA] homes would be available to everyone who is struggling and in need of the gifts and expertise the staff brings to work every day." - Ardeth, PCLA Family Member

Our Funders



Implementation Partners



Collaboration

"The Vocational Skills Training Program has been a transformative experience for everyone involved. It has empowered individuals, unlocked hidden potentials, and ignited a spark of ambition within each participant. We are truly grateful for the trust and collaboration that has allowed us to make a meaningful difference in the lives of the residents of PCLA." - Nicole Allen, The Open Door Group"

Partnership Spotlight: UBC Dentistry

UBC Dentistry partners with PCLA to offer the Oral Health Preventative Program where UBC dental hygiene students provide care to residents of PCLA. This program has seen approximately 120 fourth-year students provide care to about 300 patients at various PCLA locations with approximately \$7,000 of care provided each year for the past 13 years.

Dr. Leeann Donnelly developed this program alongside PCLA's Carol Anne Russell in hopes of mitigating the stigma around mental health whilst increasing oral hygiene amongst residents.

When interviewed, Leeann spoke passionately about the program saying: "I think one of the biggest successes we have with this partnership is the experience that our students get in working with people with mental illness and breaking the stigma and stereotypes and societies held beliefs around what the mental illness is.... It also helps us understand (as scholars, researchers, students, and faculty members) some of the issues that go on in the community and understand better people with mental illness."



"It was a good experience; not painful or uncomfortable. They got everything done and I didn't need any further dental work. The students gave a lot of good advice about flossing, toothbrushes, electric toothbrushes, and mouthwash."
– Rick, PCLA Resident

Staff Highlight - Debbie Reid

At PCLA, we are fortunate to have a dedicated, and highly competent team. Many of our staff have been with the organization since Beamish House (formerly Pioneer) was founded in 1982. A staff member that has had an immense impact on PCLA over the last 31 years, is Debbie Reid, Manager of Care at Miller's Way and Lina's Place.

"Debbie is a true advocate for those that are less fortunate. She is so many positive things wrapped up in one person... I have learned so much from her both directly educating me and by watching how she conducts herself in her professional life. Debbie is the type of Nurse and Manager that if you have had any interaction with her, you will never forget because of the uplifting and positive milieu that she brings to those around her."

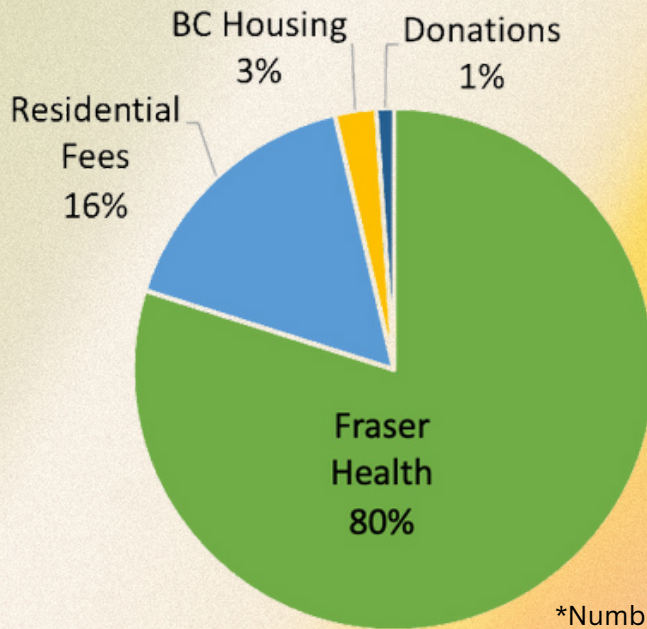
- Deanna Alexander, Team Lead for Lina's Place.

Debbie has been instrumental in forming and maintaining key partnerships at PCLA - including the vital partnership with BCIT. Her expertise is also proving essential in the opening of PCLA's newest property, Henderson House, a 10-bed housing facility to be opened later this spring. Debbie's strong leadership, warm personality, and genuine care for her residents are appreciated by all those who work with her. *Debbie, thank you for your commitment to PCLA!*

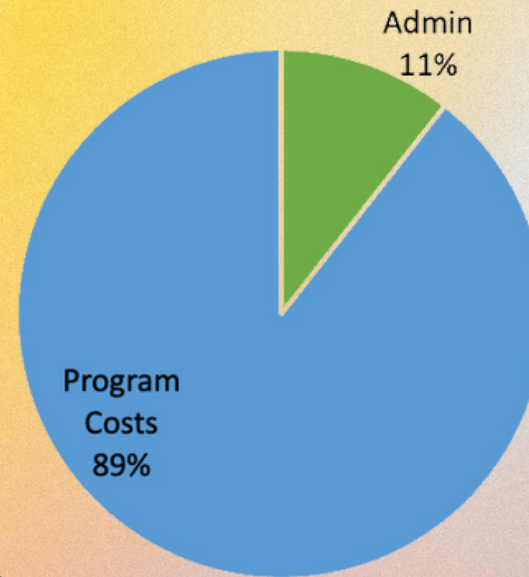


"I believe strongly in our mission to enable persons living with mental health issues and challenges to live a more independent life. We provide personal empowerment for these individuals through our programs and activities with a focus on personal choices in the least restrictive environment... On a more personal note, I feel that I have some of the most caring and hard-working staff, that really work alongside the residents to empower and support them." - Debbie Reid

Revenue



Expenses



*Numbers as of March 2023



As we conclude another successful year, we kindly request your continued support. Your donations, regardless of size, directly transform lives, empower communities, and create lasting change. Please consider making a contribution today and join us in our mission to provide innovative housing and support to people with mild to complex mental illness. Please donate [here](#).

LOOKING AHEAD TO 2023/2024



Expand

Develop Henderson House and offer 10 new beds.



Develop

Focus on learning and continuous improvement



Diversify

Continue to Diversify the funder base



Strengthen

Enhance programming for PCL residents

Thank you for believing in our work.